

# HLTAID001 Provide cardiopulmonary resuscitation

## Learner Instructions



### General Information

#### Conditions of Training

1. TCE is committed to providing its learners with flexible learning processes, where possible. This means that TCE focuses on the learning, rather than the teaching, to provide the best possible outcome for the learner. If you have concerns which could impact your learning, please discuss this with the Trainer/Assessor.
2. For the rights and responsibilities of learners, please refer to the Learner Handbook.
3. The training you will be undertaking is competency based. The competencies required and assessments that will be undertaken for your course are clearly stated to you at the beginning of the course.
4. While on the premises, learners are required to conduct themselves in an appropriate manner. Please refer to the Learner Handbook for more information.
5. Please inform your Trainer/Assessor if you have any lingual, literacy or numeracy barriers which may inhibit you completing the course.
6. If you wish to raise a concern, complaint or appeal please discuss with a TCE staff member and complete the necessary form as per TCE's Complaints and Appeals Policy and Procedure.
7. Booking Conditions & Refund Policy: Please refer to the policy attached to your confirmation email. Alternatively find a copy on our website.
8. Recognition of Prior Learning: Please refer to our website for more information on RPL.
9. The assessment requires you to demonstrate the skills and knowledge. The assessment has been divided into 2 main parts:
  - A. Practical Assessment
  - B. Theory Assessment

### Practical Assessment

#### Conditions of Assessment

1. You are required to undertake an assessment for this unit of competency.
2. The assessor will provide you with instructions about what you are required to do.
3. If you are unclear about what you have to do, ask the assessor before you start.
4. You may not use any references, books or course notes during the assessment, unless these resources are common to completing the task when performed in a real work environment.
5. Grounds for stopping the assessment: If at any time during the practical assessment, you act in a way that puts yourself, other learners, equipment or property in any danger, the assessment will be stopped immediately. Your assessor will identify and record the dangerous act to you and re-schedule the assessment to be attempted again at a later time. You may be required to complete part or all of the practical assessment again at that time, at the discretion of your assessor.

### Theory Assessment

#### Conditions of Assessment

1. You will have a reading time before starting the assessment.
2. During this time you are allowed to ask the assessor about any questions in the assessment that you do not understand.
3. All questions must be answered without any assistance. You cannot use any references, books or course notes.
4. If applicable you may use a calculator during the assessment, provided it is not a scientific calculator.
5. Your assessor will check your answers after you have finished and ask you to explain anything that is unclear.

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COURSE COMPONENT		
CRITERIA	THEORY	
<b>Performance</b>	Demonstrate knowledge and skills to: <ul style="list-style-type: none"> <li>Respond to a First Aid Emergency</li> <li>Perform CPR procedures</li> </ul>	<ul style="list-style-type: none"> <li>Communicate details of the incident</li> </ul>
<b>Assessment</b>	<p>You must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:</p> <ul style="list-style-type: none"> <li>State/Territory regulations, first aid codes of practice and workplace procedures including: <ul style="list-style-type: none"> <li>ARC Guidelines relevant to the provision of CPR</li> <li>safe work practices to minimise risks and potential hazards</li> <li>infection control principles and procedures, including use of standard precautions</li> <li>requirements for currency of skill and knowledge</li> </ul> </li> <li>Legal, workplace and community considerations, including: <ul style="list-style-type: none"> <li>awareness of potential need for stress-management techniques and available support following an emergency situation</li> <li>duty of care requirements</li> <li>respectful behaviour towards a casualty</li> <li>own skills and limitations</li> <li>consent</li> <li>privacy and confidentiality requirements</li> <li>importance of debriefing</li> </ul> </li> <li>Considerations when providing CPR, including: <ul style="list-style-type: none"> <li>airway obstruction due to body position</li> <li>appropriate duration and cessation of CPR</li> <li>appropriate use of an AED</li> <li>chain of survival</li> <li>standard precautions</li> </ul> </li> <li>Basic anatomy and physiology relating to: <ul style="list-style-type: none"> <li>how to recognise a person is not breathing normally</li> <li>chest</li> <li>response/consciousness</li> <li>upper airway and effect of positional change</li> </ul> </li> <li>You have 30 minutes to complete the Theory Assessment paper</li> <li>23 question theory assessment, where the student is to complete all written short answers and multiple-choice questions.</li> <li>Student is to achieve 100% <ul style="list-style-type: none"> <li>10 or more incorrect responses – Automatic re-sit. Student will be given opportunity to study the manual and re-sit the Theory Assessment Paper</li> <li>1-9 incorrect responses – Assessor will request student to re-address the answers</li> </ul> </li> </ul>	
CRITERIA	PRACTICAL	
<b>Performance</b>	Demonstrate knowledge and skills to: <ul style="list-style-type: none"> <li>Respond to a First Aid Emergency</li> <li>Perform CPR procedures</li> </ul>	<ul style="list-style-type: none"> <li>Communicate details of the incident</li> </ul>
<b>Assessment</b>	<p>The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has completed the following tasks in line with state/territory regulations, first aid codes of practice, Australian Resuscitation Council (ARC) guidelines and workplace procedures:</p> <ul style="list-style-type: none"> <li>Followed DRSABCD in line with ARC guidelines, including: <ul style="list-style-type: none"> <li>performed at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin placed on the floor</li> <li>performed at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface</li> <li>responded appropriately in the event of regurgitation or vomiting</li> <li>managed the unconscious breathing casualty</li> <li>followed single rescue procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions</li> <li>followed the prompts of an automated external defibrillator (AED)</li> </ul> </li> <li>Responded to at least one simulated first aid scenario contextualised to the candidate's workplace/community setting, including: <ul style="list-style-type: none"> <li>demonstrated safe manual handling techniques</li> <li>provided an accurate verbal or written report of the incident</li> </ul> </li> </ul> <p>Student is to achieve 100% satisfactory competency in all areas. The student is permitted to repeat items where achievement is Not Satisfactory.</p>	
Once the students have successfully demonstrated a satisfactory outcome for ALL theory and ALL observation assessments, they will be deemed Competent for completion of this unit.		
<b>Resources</b>	<ul style="list-style-type: none"> <li>Student workbook provided</li> <li>Appropriate equipment and included documentation or suitable simulation.</li> </ul>	
COURSE ASSESSMENT SUMMARY		
<b>THEORY</b>	Short Answer & Multiple Choice	
<b>PRACTICAL</b>	Practical Assessment	
	Incident Report Form x1	
		Self-Evaluation